



CAMBRIDGE UNITED COMMUNITY TRUST

EMPOWERING OUR COMMUNITY. CHANGING LIVES.

Organisation: Cambridge United Community Trust (CUCT)

Job Title: Mental Health Officer

Responsible to: Wellbeing Manager

Contract: Full-Time

Salary: £21,000-£23,000

Closing Date: 12pm. 19th August 2021.

Start Date: As soon as possible

Job Summary:

The Mental Health Project Officer will lead the delivery on a number of our successful programmes, including our award winning 'Mind Your Head' school-based mental-health programme, across Cambridge, promoting looking after both our physical and mental health.

We are seeking a personable, motivated and passionate individual to join our team to strengthen our Wellbeing and Inclusion offer in a variety of settings, dedicated to improving the awareness of mental health and preventative strategies for young people and those with learning difficulties. The role will include expanding our current mental health offer in schools, delivering both universal and targeted mental health interventions, as well as specific sessions that provide a space for participants to use sport as a tool to support their physical and mental health.

Key responsibilities, but not limited to:

Delivery of the Mind Your Head mental health programme, ensuring all KPI's are met. Including monitoring and accurately evaluating the programme as required by funding bodies and key stakeholders.

To build and maintain good professional relationships with Lead Teachers at all educational establishments hosting our programmes

Delivery of our targeted intervention offers in secondary and SEMH schools, supporting young people more at risk in developing poor mental health.

Promote programmes and regularly identify and share good news stories through CUCT social media channels

Work closely with the Wellbeing Manager to consistently deliver programmes to an excellent standard.

Ensure that risks associated with programmes are effectively mitigated by following CUCT policies and procedures.

Ensure the protection and safeguarding of all participants and the general public, reporting any incidents to the Operations Manager/DSO.

Attend training courses and relevant to the role and maintain personal CPD.

Any other reasonable duties and responsibilities considered appropriate by the Senior Management Team of the Trust

Person Specification

The Role Holder will be a mental health advocate who is passionate about raising awareness about mental health and supporting individuals to look after themselves and recognise their full potential.

Criteria – Education and Qualifications	
Essential	Desired
<p>Good standard of education in English and Maths GCSE level.</p> <p>AET/A1/TAQA qualification</p> <p>First aid certificate (or willingness to undertake)</p> <p>Current safeguarding certificate (or willingness to undertake)</p> <p>Mental health first aider (or willingness to undertake)</p> <p>Current driving licence, with use of own car</p> <p>FA Level 1 coaching</p> <p>Playing for Inclusion module 1 (or willingness to undertake)</p>	<p>Tutor or teaching qualification</p> <p>Degree in related subject area</p> <p>Certificate in coaching and mentoring</p>
Criteria – Knowledge and Experience	
Essential skills	Desired skills
<p>An understanding of safeguarding children and adults at risk regulations and DBS requirements</p> <p>Experience working in the education sector</p> <p>Experience of supporting individuals with mental health difficulties</p> <p>Ability to mentor and guide young people to achieve their goals, such as improving school attendance or relationships at home</p>	<p>Experience of working with young people and adults with learning difficulties.</p> <p>Experience of managing behaviour in the classroom</p> <p>Experience of working in diverse communities, understanding and overcoming the impact of discrimination</p>

<p>Competent IT skills</p> <p>Experience of working to performance targets</p> <p>Knowledge of various social media platforms and online communities.</p>	<p>Knowledge of Cambridge and its surrounding areas.</p>
<p>Criteria – Personal skills and Qualities</p>	
<p>Essential skills</p>	<p>Desired skills</p>
<p>Ability to relate to young people and the challenges they face</p> <p>Patience and understanding towards individuals with additional needs</p> <p>Excellent communication & interpersonal skills</p> <p>Professional and approachable</p> <p>A dynamic, hardworking and enthusiastic individual</p> <p>Good verbal and written communication skills</p> <p>Excellent team player who supports others</p> <p>Ability to work on own initiative</p> <p>Ability to plan, problem-solve, being innovative and resourceful</p>	<p>Willingness to self-develop</p> <p>Passionate about promoting online safety and awareness</p>

How to apply:

Please send a CV and a cover letter (of no more than two pages) to recruitment@cambridge-united.co.uk.

Please also complete this 2-minute equality & diversity monitoring form [here](#).

Sending these documents in pdf format is preferred.